

CC Tigers Newsletter

FALL 2016



www.canoncityschools.org

Main Office 719-276-5870

Counseling Office 719-276-5866

Our CCHS mission statement:

"ALL Canon City High School students will have opportunities to explore career pathways of interest while gaining skills needed to be successful in any life endeavor, and while enjoying many traditional high school experiences valued by students and the greater community."

From the desk of Bill Summers CCHS Principal

Welcome back! I'd like to begin the year by praising the class of 2017. I have already noticed that their school leadership is making its mark. There are many instances of individual class members taking initiative to suggest and implement change; they are not complainers, but accomplisheers – a terrific way to enter the adult work force at the end of this year.

On September 14th at 6:30 p.m. in the high school library, we will hold our first Parent Advisory Board meeting. This is your opportunity to influence the decisions made at the high school regarding finances, attendance, security, and curriculum. Membership to this committee is free, and at our first meeting, we will introduce new staff members.

On September 21st at 6:00 p.m. starting in the school auditorium and continuing in the classrooms, the high school will host our first Parent Night of the year. Parents will hear a short presentation from me and be able to ask questions before following their student's schedule around the school to meet and conference with all teachers. There is an extra block at the end of the evening for parents with multiple children at the school to visit with teachers or to simply have a more in-depth conversation with a particular teacher. By now, many of you have at least heard about changes at the high school; this is your opportunity to discuss them with teachers and administration

I am extremely happy with the way our school has begun in 2016. We have a lot of work ahead of us to migrate our curriculum to a Career Pathways orientation in part to meet the Colorado School Board mandated graduation requirements for the class of 2021. In doing so, we will improve the relevancy of all academic material in our building, better preparing our students for their chosen careers.

- Bill Summers

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New CC Tiger Bell Schedule



REGULAR

First Block	7:40 a.m. – 9:23 a.m.
Second Block	9:30 a.m. – 11:00 a.m.
Lunch	11:05 a.m. – 11:45 a.m.
Third Block.....	11:45 a.m. – 1:15 p.m.
Fourth Block	1:20 p.m. – 2:50 p.m.

TASK FORCE WORKDAY/2-HOUR DELAYED START

First Block.....	9:40 a.m. – 10:53 a.m.
Second Block.....	11:00 a.m. – 12:00 a.m.
Lunch.....	12:05 a.m. – 12:45 p.m.
Third Block	12:45 p.m. – 1:45 p.m.
Fourth Block.....	1:50 p.m. – 2:50 p.m.

A.M. ACTIVITY

First Block	7:40 a.m. – 8:58 a.m.
Second Block.....	9:05 a.m. – 10:10 a.m.
Activity	10:20 a.m. – 11:50 a.m.
Lunch	11:55 a.m. – 12:35 p.m.
Third Block	12:35 p.m. – 1:40 p.m.
Fourth Block.....	1:45 p.m. – 2:50 p.m.

HALF DAY A.M.

First Block.....	7:40 a.m. – 8:38 a.m.
Second Block.....	8:45 a.m. – 9:25 a.m.
Third Block	9:30 a.m. – 10:10 a.m.
Fourth Block.....	10:15 a.m. – 10:55 a.m.

TIGER PEP ASSEMBLY

First Block	7:40 a.m. – 9:13 a.m.
Second Block.....	9:20 a.m. – 10:40 a.m.
Lunch	10:45 a.m. – 11:25 a.m.
Third Block.....	11:25 a.m. – 12:45 p.m.
Fourth Block	12:50 p.m. – 2:10 p.m.
Pep Assembly	2:15 p.m. – 2:50 p.m.

P.M. ACTIVITY

First Block	7:40 a.m. – 8:58 a.m.
Second Block.....	9:05 a.m. – 10:10 a.m.
Third Block	10:15 a.m. – 11:20 a.m.
Lunch	11:25 a.m. – 12:05 p.m.
Fourth Block.....	12:05 p.m. – 1:10 p.m.
Activity	1:20 p.m. – 2:50 p.m.

HALF DAY P.M.

First Block	12:10 p.m. – 12:53 p.m.
Second Block.....	1:00 p.m. – 1:35 p.m.
Third Block	1:40 p.m. – 2:15 p.m.
Fourth Block.....	2:20 p.m. – 2:50 p.m.

Welcome back to school! Since school is back in session that means the reduced speeds in school zones are in effect. The reduced speed limit is 20 MPH in all school zones in the City of Canon City from 7 AM to 4 PM. As a reminder any speed violation in a school zone has a doubled fine associated with it. A ticket for going 5 to 9 MPH would be \$150 and a 1 point violation. A ticket for going 10 to 19 MPH over would be \$283.15 and a 4 point violation. Driving over 20 MPH above the speed limit is a summons to court with up to 12 points (loss of license). The Canon City Police Department has a "Zero Tolerance" policy for school zone violations. I know it's easy to get distracted with being late for an appointment, having had an argument with someone else, that pesky cell phone ringing and I could go on. Related to this topic I invite you to attend the America's Safe Schools event at Harrison K-8 on October 19 from 5:30 PM to 7:30 PM. One of the activities will be the Police Department Distracted Driving simulator where people will be shown the hazards of distracted driving. — *Officer Steve Huskey*

TASK FORCE WORKDAY

The Fremont RE-1 Board of Education has agreed to allow days during the school year for the high school staff to work together as a staff. CCHS is closed until 9:10 a.m. when Commons opens; students may purchase breakfast.

September 14 October 12 November 9 December 14
January 15 February 8 March 8 April 12 May 10

CCHS PARENT ADVISORY BOARD

CCHS Library, 6:30 p.m.

All parents and students are invited and welcome to attend. Be among the first to know what is happening at CCHS. This meeting is usually runs 60 minutes.

Meeting Dates

September 14	February 8
October 12	March 8
November 9	April 12
December 14	May 10
January 15	

PARENT-TEACHER CONFERENCES

Conferences allow parents the opportunity to hold a brief one-on-one meeting with their student's teachers. Contact the teacher to set a conference time.



NOTIFY ME!
PRIORITY NOTIFICATION



Want to be notified of a school building lockdown, lockout or drill?

Parents and Guardians can choose to be notified of a school building lockdown, lockout, drills or other notices via phone, text message or email.

Users must have a Parent Portal account or be approved after submitting a form to the District Office.

Instructions on how to sign up and manage the Notify Me Priority Notification settings within Parent Portal will be available on the Canoncityschools.org website in October.

Look on the website for the NotifyMe button under the quick links section on the home page.

NUTRITION

Going Green!
Menus



*Click to sign up to have your
menus emailed automatically*

Cañon City Schools provides almost 4,000 nutritious meals every day to students and staff. We recognize that when children are well nourished, their ability to learn improves and The Cañon City Schools Nutritional Services Department continues to make a serious commitment to providing delicious and well-balanced meals for your children.

Our menus are designed to provide choices preferred by our students while still meeting their nutritional needs. Students are encouraged to make wise choices and to try different foods.

Our department is comprised of caring people, most of them living in the community. Please feel free to call the nutritional services supervisor in your child's school kitchen for assistance at any time.

Never Worry About Running Out of Lunch Money Again!

The beginning of the school year is hectic for parents, so let our new on-line lunch payment system help! Set up your account today and you can request to receive e-mail notifications each month that will indicate your child's account balance, track purchases, make payments and more! Eliminate the lunch money dilemma and set up your on-line services today! Just follow these easy step by step instructions!

- * **Get your child's 9 or 10 digit student identification number (Not SSN) from their school or our office.**
- * **Go to www.payforit.net**
- * **Click on "[Sign up for Account](#)"**
- * **Select Canon City Schools from the menu**
- * **Enter requested information and click "next"**
- * **Follow instructions, receive confirmation e-mail**
- * **Click link in confirmation e-mail and follow instructions**
- * **Once account is set up, simply click on "my account" and then "my email options" to opt into low balance notification and free services.**

Questions? Call 276-5814 or 276-5813

ATTENDANCE POLICY

Our full attendance policy is located in the Student Handbook which can be accessed on the school website. Each student also received one of these during the first week of school. Below are the highlights and definitions. The school administration is the final authority for determining the classification of all absences. The following guidelines will be utilized to make that decision:

EXCUSED ABSENCES

According to District Policy File 807, these absences can be considered excused:

→ A student who is temporarily ill or injured. A parent may call in his or her student six times before such absences will only be excused by providing a medical note specifically stating that the student was unable to attend school due to injury, illness, medical/dental procedure or mental health appointment. Parents may also bring their child to the school to see the nurse, if seeing a doctor is not possible.

→ A student who is absent due to a pre-arranged absence. Pre-arranged absences shall be approved by the principal and should be for appointments or circumstances of a serious nature only, which cannot be taken care of outside of school hours.

→ A student who is absent for an extended period due to physical, mental or emotional disability, or is recovering from surgery.

→ A student who is pursuing a work-study program under the supervision of the school.

→ A student who is attending a school-sponsored activity or activities of an educational nature approved by the administration, to include college visits.

→ Bereavement, family emergencies or other absences approved by the administration. (See extenuating circumstances in the Student Handbook)

→ A student who is absent as a result of involvement with court or law enforcement authorities.

*Other excused absences as recognized by Colorado Law (C.R.S. 22-32-104)
Excessive excused absences will result in school notification to parents.*

UNEXCUSED ABSENCES

Any additional absences that do not fall under the criteria's listed above may be classified as unexcused.

Four unexcused absences will be the equivalent of one unexcused day.

All unexcused absences are subject to disciplinary action at the discretion of administration.

Unexcused absences may result in makeup work receiving less than full credit upon completion.

TRUANCY/UNEXCUSED ABSENCES

Students will be given less than full credit for classwork missed due to truancy/unexcused absences. If a student accumulates four (4) trancies or unexcused absences in a 30 day period or ten (10) within a school year they may be referred to Truancy Review Board.

Counselor News



Students are allocated to a counselor by the first letter of their last name.

Mr. Ritter (A thru D)
Mrs. Anderson (E thru K)
Ms. Graham (L thru Q)
Mrs. Kingery (R thru Z)

Don't miss
COLLEGE NIGHT
 at *CANON CITY*
HIGH SCHOOL

Monday, NOV. 7TH

6-7:30

PLEASE REGISTER AT
GoToCollegeFairs.com

Print off a barcode, so you don't
 have
 to fill out a card at every table.

FINANCIAL AID & THE FAFSA

Seniors and their parents apply for financial aid by filing the FAFSA
 (Free Application for Federal Student) as soon after
 January 1, 2017 as possible.

We recommend doing the FAFSA on line at www.fafsa.ed.gov

Filing the FAFSA in January requires PIN numbers by the student and
 parents, which can be obtained anytime at www.pin.ed.gov

Some private colleges require the CSS profile as well, which is available at
www.collegeboard.com

For assistance with this process, FAFSA provides a help center at 1-800-4-FED-AID.

UPCOMING COLLEGE ENTRANCE EXAMS

SAT

<u>Test Date</u>	<u>Registration Deadlines</u>
November 5, 2016	October 7, 2016
December 3, 2016	November 3, 2016
January 21, 2017	December 21, 2016
March 11, 2017	February 10, 2017
May 6, 2017	April 7, 2017
June 3, 2017	May 9, 2017

For registration information go to:
<http://sat.collegeboard.org>

ACT

<u>Test Date</u>	<u>Registration Deadlines</u>
October 22, 2016	September 16, 2016
December 10, 2016	November 4, 2016
February 11, 2017	January 13, 2017
April 8, 2017	March 3, 2017
June 10, 2017	May 5, 2017

For registration information go to:
<http://www.actstudent.org>

Counselor News



How to sign up for Mrs. Kingery's CCHS  remind
Counseling Department messages:



To receive messages via text, text
@cchscoun to (303) 625-7488. You
can opt-out of messages at anytime
by replying, 'unsubscribe
@cchscoun'.



Attention Students & Parents! Colorado's Higher Education Admission Requirement (HEAR)

Several years ago, the Colorado Commission on Higher Education (now Department of Higher Education) approved a pre-collegiate curriculum requirement, HEAR, for students applying to the state's 4-year public schools. Additionally, students must meet a minimum index score calculated with their GPA and ACT/SAT test scores.

Students must complete:

English	4 years
Math (including Algebra I, Geometry, Algebra II or equivalents)	4 years
Natural/Physical Sciences (two units must lab-based)	3 years
Social Sciences (at least one unit of U.S. History or World History)	3 years
Foreign (World) Languages	1 year
Academic Electives	2 years

*HEAR requires a minimum of 1 year of languages, but most colleges require or prefer at least 2-3 years of the same language.

For more information, go to:

<http://highered.colorado.gov/Academics/Admissions/default.html>

Student Athletes and the NCAA

ATTENTION STUDENTS GRADES 9-12 WHO ARE INTERESTED IN COLLEGIATE ATHLETICS

The NCAA (National Collegiate Athletic Association) has rules about which core high school classes they will accept as well as rules regarding testing. Your high school course selection, grades, and test scores on college entrance exams are vitally important to your eligibility to play college athletics. Visit their web site today at www.eligibilitycenter.org and be informed.

It is the responsibility of the student and his/her family to educate themselves and know what the NCAA requires. You may, however, see your counselor if you need help with this process.

****Note:** The NCAA has adopted new legislation that will require prospects who intend to enroll at NCAA Division I and Division II institutions to apply ACT/SAT scores to the NCAA Clearinghouse DIRECTLY from the testing agencies. TEST SCORES ON AN OFFICIAL HIGH SCHOOL TRANSCRIPT WILL NO LONGER BE USABLE FOR NCAA PURPOSES!

Additionally, NCAA requires original transcripts from every high school attended.

PLEASE READ THIS

PARENT PORTAL & REGISTRATION MISUNDERSTANDING

Many parents believe that they are automatically enrolled in Parent Portal because they registered a student on-line during the August registration. This is not the case. Parent Portal enrollment and On-Line Registration are two different things:

To enroll in Parent Portal, you must bring your picture I.D. to the office between 7:30-3:30 pm, sign up, and receive an access code.

Why is Parent Portal enrollment so important? Parent Portal is important because it is the place for parents to make changes to personal information (household members, addresses, phone numbers, emergency contacts, etc.) The district no longer makes these changes so it is critical that parents do. Accurate information is the only way to guarantee effective communication between you and the school (example—snow day notifications via the automated telephone notification system). If you do not have the ability to make these changes, please call Laurie Bussey at 719-276-5803 and she will be happy to update your information.

With Parent Portal, you can also access your student(s):

- ◆ Schedules
- ◆ District/School Announcements
- ◆ Grades/Assignments
- ◆ Calendars
- ◆ Attendance
- ◆ Contact Preferences
- ◆ Web sites
- ◆

Activity News

CANON CITY HIGH SCHOOL ATHLETICS

CCHS offers a wide variety of sports for boy and girl athletes. Besides Varsity (1st team), many of the sports have Junior Varsity and C Teams. The sports are divided into three seasons as follows:

<u>Fall</u>	<u>Winter</u>	<u>Spring</u>
Cross Country	Boys Basketball	Baseball
Football	Girls Basketball	Girls Golf
Boys Golf	Wrestling	Girls Soccer
Gymnastics	Cheerleading	Girls Tennis
Boys Soccer	Dance Team	Track
Softball		
Volleyball		
Boys Tennis		
Cheerleading		
Dance Team		



Student athletes who are interested in a particular sport should start preparing for sport registration well in advance. It is the athlete/parent responsibility to be aware of sign-in dates and obtain the sport packet of forms needed to participate.

Winter Sport Registration – start registration November 1 with practices beginning November 13.

Spring Sport Registration – start registration February 10 with practices beginning February 24.

At sports registration an athlete will be given a **Blue Slip**. The blue slip is turned in to the coach and tells the coach that the student athlete has completed all necessary paperwork.

No one will start practice without a blue slip.

To obtain a blue slip athletes will turn in all required paperwork and pay the athletic fee.

Forms Required For Blue Slip – *Yellow Emergency Card*; *Full white sheet*, front and back includes athletic registration, permit/pledge, insurance information and physical. (copy of a current physical can be turned in instead of having the white sheet signed by a physician): **Athletic Fee** (extracurricular fees, next page)

****Additional forms needed for exchange students:** CHSAA Forms #7 and #12

****Additional forms needed for transfer students:** CHSAA Forms #7 and #9

CCHS Activity Office – 276-5878

Activity News

Extracurricular Fees

<u>Athletics</u>	Full	\$75.00
	Reduced Lunch	\$50.00
	Free Lunch	\$25.00



<u>JROTC</u>	Full	\$75.00
	Reduced Lunch	\$50.00
	Free Lunch	\$25.00



<u>Speech & Debate</u>	Full	\$40.00
	Reduced Lunch	\$30.00
	Free Lunch	\$15.00



<u>FBLA & FCCLA</u>	Full	\$35.00
	Reduced Lunch	\$20.00



<u>Fall Play</u>	Full	\$50.00
	Reduced Lunch	\$35.00
	Free Lunch	\$20.00

<u>Spring Musical</u>	Full	\$75.00
	Reduced Lunch	\$50.00
	Free Lunch	\$25.00



<u>Band</u>	Full	\$75.00
	Reduced Lunch	\$50.00
	Free Lunch	\$25.00

ACTIVITY CARDS ~ \$40.00

**As per CRS 22-32-116.5 home-school students will pay 150% of the full fee. Fee will be truncated (Ex.\$75.00 would be \$110.00)*

There will be a family maximum of \$300.00 per year

To receive the athletics/activities fee discount for free or reduced lunch students, you must provide proof of acceptance from Canon City Schools Nutritional Services. Applications to receive free or reduced lunch will be available at the CCHS front office. Applications are also available on-line at ccsnutrition.org

If you have any questions about the free and reduced lunch program please call Heather Williams at 276-5813.



September

GATE...What is it? GATE stands for Gifted And Talented Education, and the department offers services to eligible students K-12 in the Canon City School District. All students are screened for gifted performance while in the lower elementary grades, and services range from pull-out to collaboration with general education staff, all the way to assistance with college readiness. Should you have questions regarding GATE in our school district, please contact the GT Coordinator, Steve Carter at 276-6042.

October

Testing Referral Window:

October 24th is the last day of our First Testing Window. If you feel your child would benefit from testing for gifted programming, please contact the GT Teacher at his/her school by that date:

CES or Washington – Shyla Swisher
McKinley, Harrison K-5, Lincoln – Lacey LeDoux
CCMS & Harrison 6-8 – Glenda Macklin
CCHS – Steven Carter

Please note that all 2nd grade students will be universally screened in the spring. If you have a second grader who you feel should be tested, you might opt to wait for the spring testing.

March

Testing Referral Window:

March 20th is the last day of our Second Testing Window. If you feel your child would benefit from testing for gifted programming, please contact the GT Teacher at his/her school by that date:

CES or Washington – Shyla Swisher
McKinley, Harrison K-5, Lincoln – Lacey LeDoux
CCMS & Harrison 6-8 – Glenda Macklin
CCHS – Steven Carter

Please note that all 2nd grade students are being universally screened the week of March 16th. Therefore there is no need to refer any 2nd grade students at this time.

CCHS YEARBOOK SENIOR PORTRAITS

**Seniors may submit their own portraits
if they meet the following criteria:**

Photo must be a 2" by 3" vertical portrait.

The portrait must be a **head and shoulders shot only**.

The portrait may be color or black and white. Portraits will appear in color, but you still may submit a black and white photo. Glossy photos will reproduce better.

DIGITAL PHOTO FILES are preferred. Send the file on a CD, jump drive or other media or e-mail to lyonsr@canoncityschools.org in JPEG OR TIFF format at a minimum of 225 DIP. **Please make sure you receive a confirmation email to ensure that I got the photo.** **WE CANNOT ACCEPT photos you printed on your home printer or took with your cell phone.** They are not up to publishing standards and will not reproduce at an acceptable quality. **ALL PHOTOS MUST BE AT LEAST 500KB.** To make sure your picture is large enough, right click on the file and go to properties. Make sure if you are sending by email that your email program will not automatically re-size your pictures to a smaller file size.

The deadline for acceptance of senior portraits is the Friday **before Christmas break.**

LATE FEE - Any late submissions will be charged a \$5.00 fee. If the page your photo should appear on has already been finalized, the photo will not be accepted.

Questions? - See Mrs. Lyons in room 101 or e-mail her at lyonsr@canoncityschools.org.

BUY A YEARBOOK TODAY!

**If you haven't ordered your yearbook yet, you still have time.
Yearbook purchases can be made every day in room 101.**

Cost is \$65.00

GET THEM NOW!

Books will be delivered in May, the memories will last a lifetime!

Military News

Disclosure of Student Information to Military Recruiters

The Colorado Legislature made a change to the laws regarding release of student information to military recruiters. The change in the law and to district policy requires that we notify students that their name, home phone number, and mailing address WILL BE RELEASED TO MILITARY RECRUITERS, UNLESS THE STUDENT SPECIFICALLY REQUESTS THAT THE SCHOOL DOES NOT RELEASE THIS INFORMATION. To opt out, go to the Counseling Office to pick up a form or complete the form below and return it signed by parent or guardian.

Deadline to turn in is October 14, 2016

Please complete, detach and return to CCHS Counseling Office.

Disclosure of Student Information to Military Recruiters

**PLEASE DO NOT RELEASE NAME, ADDRESS, AND TELEPHONE NUMBER
TO MILITARY RECRUITING OFFICERS**

Student Name_____

Current Grade_____

Student's Date of Birth_____

Parent/Guardian Signature_____

Date_____

Student's Signature if 18_____

Date_____

CHEESEBURGER SOUP

Prep time — 15 mins Cook time — 30 mins Total time — 45 mins

This soup is insanely delicious! Made with fresh ingredients and topped with shredded cheese, you will make it again and again!

Ingredients

1/2 pound ground beef (use 1 pound)
3/4 cup chopped onion
3/4 cup shredded carrots
3/4 cup diced celery
1 teaspoon dried basil
1 teaspoon dried parsley flakes
4 tablespoons butter, divided
3 cups chicken broth
4 cups peeled and diced potatoes
1/4 cup all purpose flour
2 cups of Velveeta processed cheese cubed (I used 16 ounce) or- 2 cups shredded cheddar cheese
1-1/2 cups milk
3/4 teaspoon salt
1/4 to 1/4 teaspoon pepper
1/4 cup sour cream

Instructions

Brown the ground beef in 3 quart saucepan. Drain and set aside.

In the same saucepan add 1 T butter and add onion, shredded carrots, parsley flakes, basil and celery.

Saute until tender.

Add the broth, potatoes and beef and bring to a boil. Reduce heat, cover and simmer 10-12 minutes or until potatoes are tender.

In small skillet melt remaining butter (3 T) and add the flour. Cook and stir for 3-5 mins. or until bubbly.

Add to the soup and bring to a boil. Cook and stir for 2 minutes. Reduce heat to low.

Stir in the cheese, milk, salt and pepper. Cook and stir until cheese melts. Remove from heat and blend in sour cream.



Notes:

Recipe Adapted from Taste of Home and The Recipe Critic

<http://therecipecritic.com/2012/12/cheeseburger-soup/>